# Unexpected relaxation dynamics of a self-avoiding polymer in cylindrical confinement

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We report extensive simulations of the relaxation dynamics of a self-avoiding polymer confined inside a cylindrical pore. In particular, we concentrate on examining how confinement influences the scaling behavior of the global relaxation time of the chain,  $\tau$ , with the chain length N and pore diameter D. An earlier scaling analysis based on the de Gennes blob picture led to  $\tau \sim N^2 D^{1/3}$ . Our numerical effort that combines molecular dynamics and Monte Carlo simulations, however, consistently produces different  $\tau$  results for N up to 2000. We argue that the previous scaling prediction is only asymptotically valid in the limit  $N \gg D^{5/3} \gg 1$ , which is currently inaccessible to computer simulations and, more interestingly, is also difficult to reach in experiments. Our results are thus relevant for the interpretation of recent experiments with DNA in nano- and microchannels. © 2007 American Institute of Physics. [DOI: 10.1063/1.2799513]

#### I. INTRODUCTION

Polymer chains immersed in solution are subject to constant molecular collisions and restlessly undergo conformational changes. Since the motion of each monomer or chain segment on a polymer is influenced by the rest, the polymer shows unique dynamical properties compared to those of simple molecules. Confinement in a pore or slit can change both the static and dynamic properties of a polymer chain qualitatively.<sup>1</sup> In the presence of cylindrical confinement, for instance, the pore diameter enters as an additional length scale. An early scaling approach<sup>1</sup> shows how this alters the relaxation dynamics.

One of the key concepts concerning polymer dynamics is the rate at which the modes relax.<sup>2–5</sup> Crudely speaking, this is a measure of the relative importance of each mode in describing the *internal motion* of a chain molecule. In particular, the longest relaxation time or the global relaxation time  $\tau$  is of practical importance, as it determines how fast the chain reaches its equilibrium. Beyond this time, the internal motion plays no significant role, and the chain behaves just like a simple molecule.

A simple model for a polymer is the "ideal" chain, which is a phantom chain without self-avoidance. The Rouse model provides a description of its relaxation dynamics in an "immobile" solvent without hydrodynamic effects and has been extended to the case of a free self-avoiding chain in the presence or absence of hydrodynamic effects.<sup>2–5</sup> In a similar spirit, the scaling behavior of a self-avoiding chain trapped in a pore of diameter *D* has been studied;<sup>1</sup> the trapped chain is viewed as a linear string of *compression*  $blobs^{1,3,4}$  of diameter *D*.

The problem of a self-avoiding polymer under cylindrical confinement has relevance in a variety of contexts: DNA manipulations in nano- or microchannels,<sup>6</sup> bacterial chromosome segregation,<sup>7,8</sup> and polymer translocation through narrow pores,<sup>9,10</sup> to name a few. Additionally, the motion of such a polymer is reminiscent of reptation in concentrated polymer solutions.<sup>2,3</sup> Consequently, this problem has been investigated in a number of simulation studies<sup>11–15</sup> before. However, to our knowledge, the asymptotic blob-scaling prediction<sup>1</sup> for  $\tau$  has never been *directly* confirmed.

In this work, we perform extensive simulations of a cylindrically confined chain, focusing on the slowest relaxation time  $\tau$ . The main goal is to examine dependence of  $\tau$  on chain length *N* and pore diameter *D*. For simplicity, we ignore hydrodynamic effects. Even with this simplification, the analysis of  $\tau$  is quite nontrivial, as detailed below. In an effort to present a concrete picture, we combine molecular dynamics (MD) and Monte Carlo (MC) simulations. While the MD simulations permit a more direct probe into polymer dynamics, the MC simulations allow us to consider longer chains.

Despite the fact that we investigate a wide parameter space, we observe only an "intermediate" regime in our simulations, in which  $\tau$  can be described by power laws with a much stronger D dependence and a weaker N dependence than the blob-scaling prediction. Interestingly, finite-size effects are more sensitively reflected in the dynamical quantity  $\tau$ , the static intermediate regime is much narrower than the dynamic counterpart. This intermediate regime might be rel-

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FIG. 1. Cylindrically confined self-avoiding chain. In the blob picture, the chain is viewed as a linear string of compression blobs depicted as spheres. Inside each blob of diameter D, the effect of wall confinement is considered to be minor; beyond D, it tends to align the chain in the longitudinal direction, i.e., along the z axis in our convention. For small deformations, the blobs are assumed to be deformed independent of each other, as illustrated by the series of springs in the lower figure.

evant for the interpretation of single-molecule experiments on confined polymers, e.g., DNA in a nano- or microchannel.<sup>6</sup>

This article is organized as follows. In Sec. II, we present a simple physical picture for describing the scaling behavior of the global relaxation time  $\tau$  of a chain trapped in a cylindrical pore. The simulation methods employed in this work are described in Sec. III. Section IV is devoted to a detailed discussion on the results of the MD simulations and their analysis. In Secs. VI and VII, we present results of our lattice (MC) simulations of the end-to-end distribution of the confined chain, from which we extract  $\tau$  and compare it with the MD result presented in earlier sections. Finally, we discuss in Sec. VIII the implications of our results for single-molecule experiments on confined polymers.

## II. THEORETICAL BACKGROUND: BLOB MODEL AND BEYOND

Consider a linear self-avoiding chain consisting of N monomers of size a, trapped in a cylindrical pore of diameter D (see Fig. 1). In our convention, the z axis coincides with the symmetry axis of the cylinder. If the longitudinal chain extension L is much larger than D and  $D \ge a$ , we can use the de Gennes blob model, which views the elongated chain as a string of self-avoiding compression blobs of diameter D.<sup>1,3,16</sup>

Within a blob, the chain is expected to resemble a free or unconfined self-avoiding chain of g beads. By equating D with the "Flory radius" of the blob<sup>2,3,17</sup> that scales as  $ag^{\nu}$ , one obtains  $g \sim (D/a)^{1/\nu}$ , where<sup>18</sup>  $\nu \approx 0.59$ . Linear (i.e., longitudinal) ordering beyond D demands that the total equilibrium or average chain extension  $L_{eq}$  should scale as

$$L_{\rm eq} = \langle L \rangle \sim (N/g) D \sim N a^{1/\nu} D^{1-1/\nu}, \tag{1}$$

where  $\langle \cdots \rangle$  denotes an ensemble average. This scaling behavior has recently been confirmed in a theoretical approach.<sup>19</sup>

To estimate the longest relaxation time  $\tau$  of the chain, we assume a Hookian-spring-like response to small excitations from the equilibrium length  $L_{eq}$ . If we know the effective spring constant  $k_{eff}$  of the chain, the relaxation time is then reciprocally obtained as  $\tau \sim N/k_{eff}$ , where we have assumed that the chain friction is additive. For such small excitations,

the spring constant of each blob should be<sup>1,20</sup>  $k_b \simeq k_B T/D^2$ ; here and in what follows,  $k_B$  is the Boltzmann constant and T is the temperature. We thus obtain

$$k_{\rm eff} \sim \frac{k_b}{N_{\rm blobs}} \sim \frac{k_B T}{a^2 N (D/a)^{2-1/\nu}},\tag{2}$$

where  $N_{\text{blobs}} = L_{\text{eq}}/D = N/g$  is the total number of blobs in the chain.

The mapping of the confined chain onto a series of Hookian springs used in Eq. (2) can be understood in analogy with a Rouse chain—beyond D, the confined chain resembles a one-dimensional Rouse chain.<sup>1,11</sup> Slow Rouse modes are analogous to a random walk in a harmonic potential whose spring constant varies as 1/N. The only difference is that in the confined case,  $N_{blobs}$  should be used in place of N because now the blob size D is the smallest length scale for one-dimensional "Rouse deformations."

Then, the global relaxation time is

$$\tau \sim \frac{\zeta N}{k_{\rm eff}} \sim \frac{\zeta a^{1/\nu}}{k_B T} N^2 D^{2-1/\nu},\tag{3}$$

where  $\zeta$  is again the friction constant of each monomer. This derivation recovers the well-known result of Brochard and de Gennes<sup>1</sup> based on the blob picture. Hereafter, for simplicity, we use the following conventions:  $\zeta = 1$ , a = 1, and  $k_BT = 1$ . Then, Eq. (1) becomes  $L_{eq} = ND^{1-1/\nu} \approx ND^{-0.7}$ , while Eq. (3) reduces to<sup>21</sup>  $\tau \sim N^2D^{2-1/\nu} \approx N^2D^{0.3}$ .

The effective spring constant  $k_{\text{eff}}$  of a chain (or any elastic rod) can be obtained from its force-extension relation, from which the relaxation time  $\tau$  can be deduced [Eq. (3)]. Alternatively, one can relate  $k_{\text{eff}}$  to the equilibrium distribution of the end-to-end distance L, denoted by p(L). The free energy cost for a small change in the chain length is a long-time potential effectively felt by the chain and determines the equilibrium distribution p(L), which enables us to relate  $k_{\text{eff}}$  to p(L). For  $L \approx L_{\text{eq}} = \langle L \rangle$ , the distribution p(L) is Gaussian

$$p(L) = \frac{1}{\sqrt{2\pi\sigma_L}} \exp\left[-\frac{(L-L_{eq})^2}{2\sigma_L^2}\right],\tag{4}$$

where  $\sigma_L$  is the variance of the distribution. This naturally arises from the assumption of a Hookian-springlike response; the free energy should be  $\sim (L-L_{eq})^2$  for  $L \approx L_{eq}$ . For large deformations, i.e.,  $L \ll L_{eq}$ , however, the distribution does not have to remain symmetrical with respect to the line  $L=L_{eq}$ , as assumed in Eq. (4) (see Sec. VI for details). The free energy cost for a global deformation is then  $-k_BT \ln p(L)$ , and one can thus establish  $k_{eff} \approx (\partial^2 / \partial L^2) [k_BT \ln p(L)] = \sigma_L^{-2}$ , which agrees with the equipartition theorem.<sup>22</sup> The relaxation time  $\tau$  can then be related to the static quantity  $\sigma_L$  as

$$\tau \sim \frac{N}{k_{\rm eff}} \sim N \sigma_L^2. \tag{5}$$

Thus, the computation of  $\tau$  boils down to that of  $\sigma_L$ .

#### **III. SIMULATION TECHNIQUES**

For the direct, dynamical measurements of the relaxation times, we employed an off-lattice MD simulation scheme

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together with a Langevin thermostat for a bead-spring model; to determine static properties such as the end-to-end distance distribution, we performed a lattice MC simulation that allows for efficient sampling of chain conformations. Below, we describe both simulation techniques.

### A. MD details

In the MD simulations, we used a bead-spring model of polymers, which were trapped inside a long cylindrical tube with a circular or square cross section (we refer to the latter as "brick-shaped" confinement). The bead-bead and bead-wall interactions were modeled by the Weeks-Chandler-Andersen (WCA) potential<sup>23</sup> (i.e., the repulsive part of the Lennard-Jones potential),

$$U_{\rm WCA}(r) = \epsilon_{\rm WCA} \left[ \left(\frac{a}{r}\right)^{12} - \left(\frac{a}{r}\right)^6 + \frac{1}{4} \right],\tag{6}$$

for  $r < \sqrt[6]{2a}$  and 0 otherwise. Here, *r* denotes the center-tocenter distance between two beads, or the distance of a bead center from the confining cylinder minus *a* (i.e., the cylinder wall excludes the centers of mass of the beads). With our choice of  $\epsilon_{WCA} = 1k_BT$ , this potential models soft beads of diameter *a*: their centers cannot come much closer to each other than *a* and are confined to be on the inside of the confining wall. In the simulation, *a* defines the basic length scale and  $\epsilon_{WCA}$  the energy scale, i.e., we choose *a*=1 and  $\epsilon_{WCA} = 1k_BT$ ; in addition, we fix the mass scale so that the mass of each bead *m*=1. This automatically sets our basic time scale as  $\tau_{WCA} = a\sqrt{m/\epsilon_{WCA}} = 1$ . Following the conventions in Sec. II, we will henceforth omit the units of these quantities.

The bond between two neighboring beads, which endures chain connectivity, was modeled by the finite extensible nonlinear elastic potential<sup>24</sup>

$$U_F(r) = -\frac{1}{2} 4\epsilon_F \ln \left[ 1 - \left(\frac{r}{2}\right)^2 \right],\tag{7}$$

where *r* is again the distance of the bead centers and  $\epsilon_F$  is the interaction strength. In the present simulations, we chose  $\epsilon_F = 10$ , which in combination with the WCA potential results in a typical bond length of 1.027.

We simulated this system using the simulation package ESPResSO.<sup>25</sup> To integrate the equations of motion, we employed a velocity-Verlet MD integrator with a fixed time step of 0.01; the system was kept at a constant temperature by means of a Langevin thermostat with a fixed friction of  $\zeta = m\tau_{WCA}^{-1} = 1$ . The effect of the thermostat is *not only* to keep the temperature constant *but also* to ensure that each monomer moves diffusively, rather than ballistic. This is to mimic the effects of solvent viscosity in the high-damping limit, in which the inertia term can be dropped.<sup>2</sup>

Initially, the chain was created as a biased, non-selfavoiding random walk confined within the pore. To equilibrate the system and remove possible bead-bead overlaps, we simulated the system for a few thousand steps with a truncated WCA potential. In other words, the WCA potential was modified such that the potential is linear for distances smaller than a certain cutoff radius. We reduced this cutoff gradually, until the potential had eventually converged to the full WCA interaction.

Next, we equilibrated the system further until the endto-end distance and the radius of gyration had converged to their steady averages. This was followed by the sampling phase during which we periodically recorded 50 000– 200 000 configurations for analysis. Between each two recorded configurations, we waited for a time which corresponds to about  $\frac{1}{4}$  to  $\frac{1}{10}$  of the relaxation time. This reduces the statistical dependence of the configurations but is fast enough to determine the relaxation time from an autocorrelation analysis.

#### **B. MC details**

In an effort to sample a wide parameter space, we complement our MD simulations with lattice-based MC simulations. In our MC simulations, the polymers were modeled as a self-avoiding walk on a cubic lattice between hard walls forming the cylinder. In contrast to the MD simulations, where we typically used a cylindrical pore with a circular cross section, we mostly used the one with a square cross section of area  $D^2$  in the MC simulations. The latter is more compatible with the geometry of the cubic lattice (on which the polymer lives). Additionally, hard-core repulsions were defined as excluding conformations where two monomers occupy the same lattice site.

For the Monte Carlo moves, we adopted the "wormhole" method of Houdayer.<sup>26</sup> This algorithm consists of a reptationlike motion so that the first bead jumps through a wormhole to a random position—not to be confused with reptation as a physical process in concentrated solutions.<sup>2,3</sup> During the wormhole move, the polymer therefore consists of two disconnected segments. The reptation is continued, until a valid (i.e., connected) polymer conformation is obtained. This algorithm is known to be very efficient for sampling the chain conformations of polymers with excluded volume in confinement or in dense polymer melts. We only use this wormhole method to study static properties since, by its nature, the dynamics based on this method is completely unphysical.

Between two chain conformations, we performed 1000 wormhole steps to assure statistical independence and sampled in total 20 000 conformations per parameter set. Note that this algorithm requires no equilibration, because of the way it is constructed.<sup>26</sup>

#### **IV. THE END-TO-END DISTANCE**

If a chain is confined in an open cylinder with a diameter much smaller than its natural size, the chain will be stretched along the cylinder axis. Figure 2 shows the confinementinduced chain stretching  $L_{eq}/R_F$  as a function of the dimensionless parameter  $D/R_F$ .  $L_{eq}$  denotes the equilibrium end-toend distance parallel to the cylinder axis and  $R_F$  the Flory radius, i.e., the unconfined equilibrium end-to-end distance. In the figure, three different regimes are identified:

(I) To the region below  $D \approx 0.2R_F$ , we refer as the "strong" confinement regime, in which our simulation



FIG. 2. Equilibrium chain extension  $L_{eq}$  (in units of  $R_F$ ) of a cylindrically confined self-avoiding chain as a function of the relative confinement  $D/R_F$ . The roman numbers denote the three regimes: the strong confinement (I), intermediate (II), and free chain (III). The diagonal dashed lines in regimes (I) and (II) represent the asymptotic power law  $L_{eq} \sim ND^{-0.7}$ ; the dashed line in regime III corresponds to the free chain limit  $L_{eq} = \sqrt{1/3R_F}$ . The data points for *N* up to 300 are MD results, while those for  $N \ge 500$  are MC results.

results are captured reasonably well by the scaling prediction  $L_{eq} \sim ND^{1-1/\nu} \sim ND^{0.7}$ . The data for large *N* tend to follow this scaling better because for small chains, the tube diameter approaches the size of the beads, in which case a "blob" only consists of a few beads.

- (II) The range between  $D \approx 0.2R_F$  and  $D \approx R_F$ , we denote as the "intermediate" confinement regime. In this regime, we find in our simulations a non-negligible chance for the chain to revert its direction along the cylinder axis or at least partially fold back one of its ends. Therefore, the average L (or  $L_{eq}$ ) decreases faster with increasing D than what one may naively expect from the blob picture.
- (III) In the region above  $D \approx R_F$ , the chain is essentially free; we call this therefore the "weak" confinement regime. Here, the chain extension is practically independent of *D* and is given by  $L = \sqrt{1/3}R_F$ .

As we will argue below, the intermediate regime also appears in the behavior of the relaxation times  $\tau$ : however, it extends to much smaller values of  $D/R_F$ . Reaching the *dynamic* intermediate regime for  $\tau$  therefore requires much larger chains than reaching its static counterpart for  $L_{ea}$ .

Note that, for the same number of monomers, the magnitude of  $R_F$  is different for the lattice (MC) and off-lattice (MD) models. The  $R_F$  obtained with the MD simulations is approximately 30% larger than that found in the MC simulations. This difference can be absorbed into the effective monomer size *a*, which is proportional to  $R_F$ . Because  $L_{eq}$ scales as  $a^{1.7}$ , this difference is more pronounced in the estimates of  $L_{eq}$ : for the same chain length and diameter, the chains in the MD simulations are about 60%–100% larger compared to the MC simulations.

#### V. RELAXATION TIME MEASUREMENTS

We now turn to the global relaxation time  $\tau$  of a confined polymer. In the case of strong confinement, one expects the



FIG. 3. Global relaxation time  $\tau_g$  of the radius of gyration  $R_g$ , in units of the relaxation time of a corresponding free chain ( $\tau_g^{\text{free}}$ ) as a function of the reduced diameter  $D/R_F$ . The solid line marks the asymptotic scaling law of  $\tau \sim N^2 D^{0.3}$ . The inset shows a graph  $\tau_g/N^2$  vs D, demonstrating  $\tau \sim N^2$  for small diameters.

blob-scaling result  $\tau \sim N^2 D^{2-1/\nu} \approx N^2 D^{0.3}$  to be valid, in parallel to the static scaling law  $L_{eq} \sim L D^{1-1/\nu}$ . For weak confinement or  $D \approx R_F$ , one expects the scaling behavior of the relaxation time to cross over to that of a free polymer.<sup>2</sup>  $\tau \sim N^{1+2\nu} \approx N^{2.2}$ . However, little is known about the relaxation time in the dynamic intermediate regime. Below, we present the relaxation times determined in our simulations. As it turns out, we are not able to observe the expected blob scaling for  $\tau$ , even for  $D \ll 0.3R_F$ . This indicates that the dynamic intermediate regime spans a much wider parameter space than the static intermediate regime.

We determine the relaxation time  $\tau$  primarily from the slowest exponential decay of the autocorrelation function

$$C_g(t) = \frac{\langle (R_g(t) - \langle R_g \rangle)(R_g(0) - \langle R_g \rangle) \rangle}{\langle R_g^2 \rangle - \langle R_g \rangle^2},$$
(8)

where  $R_g = (1/N) \Sigma_i (z_i - \langle z_i \rangle)^2$  denotes the longitudinal component of the radius of gyration. We obtained from fitting the long-time behavior of  $C_g(t) \sim e^{-t/\tau_g}$  the slowest exponential decay  $\tau_g$ .  $\tau_g$  turns out to be rather insensitive to the exact definition of  $R_g$ ; the relaxation time  $\tau_L$  of the end-to-end distance differs from  $\tau_g$  by less than 20%, and its overall behavior is the same ( $\tau_L$  data not shown). Also, the relaxation time obtained from the autocorrelation function of the radial component of the radius of gyration shows the same behavior. However, both the relaxation time obtained from L and from the radial component of  $R_g$  show pronounced fast modes, which decreases the accuracy with which the slowest decay time can be measured.

We also determined the relaxation time by measuring the relaxation of a stretched chain. These relaxation times agree with the times obtained from the autocorrelation analysis, as expected on the basis of linear-response theory. However, the correlation function of the radius of gyration allows us to obtain better statistics. The global relaxation time  $\tau_g$  obtained from our MD simulations is shown in Fig. 3.

For  $D > 0.5R_F$ ,  $\tau_g$  quickly approaches that of a free chain. However, it has a maximum around  $D \approx 0.5R_F$ , beyond which the relaxation time decays slowly with increas-



FIG. 4. Global relaxation time  $\tau_z$  obtained from the autocorrelation function of  $L_{z^3}$  i.e., the longitudinal component of the end-to-end vector. The  $\tau_z$  is given in units of the relaxation time  $\tau_z^{\text{free}}$  of a corresponding free polymer. Our estimate of  $\tau_z$  increases strongly with decreasing *D*, in contrast to  $\tau_g$ plotted in Fig. 3.

ing *D* and eventually becomes *D* independent for sufficiently large *D*. We argue that this nonmonotonic behavior is associated with the reversion of the chain direction or chain backfolding. This process happens frequently in our simulations for  $D > R_F$ , and its timescale increases with decreasing *D*, as we will show below. Below  $D=0.4R_F$ , however, we do not observe any backfolding in our trajectories, so that the observed relaxation time is indeed dominated by the fluctuations of the chain length.

For  $D \leq R_F$ , i.e., in the static intermediate and strong confinement regimes, the relaxation times we find in our MD simulations approximately scale as

$$\tau_{\rm MD} \sim N^{1.75} D^{1.3}.$$
 (9)

This result has a much stronger D dependence and a slightly weaker N dependence than the scaling result, which varies as  $N^2D^{0.3}$ . We refer to this as a dynamic intermediate regime, which spans deeply into the static strong confinement regime. We will present further analysis of this behavior based on blob statistics in Sec. VI.

In a small range in the static intermediate regime, we observe that the relaxation time increases more steeply with D than indicated by the result in Eq. (9). However, this range quickly decreases with increasing chain length, and we will not consider it further. Note that in our simulations, we cannot consider diameters smaller than D=2. For narrower tubes, two beads can no longer pass each other without paying an energy penalty. This artifact significantly reduces the relaxation time, as can be seen from the anomalous behavior of  $\tau_g$  toward the smallest  $D/R_F$  values in Fig. 3 see the data points at the left end of each curve). Also, in this case,  $g \approx 1$ , and thus the blob picture breaks down.

To illustrate the significance of chain reorientation or backfolding in the weak confinement regime, we have plotted in Fig. 4 our results for the global relaxation time of the longitudinal end-to-end vector, the difference  $L_z = z_{\text{head}} - z_{\text{tail}}$ of the z coordinates of the head and tail beads (obviously,  $L = |L_z|$ ). This relaxation time, denoted by  $\tau_z$ , is much longer than the L- or  $R_g$ -relaxation times; in our simulations, we



FIG. 5. Comparison of two relaxation times: the global relaxation time  $\tau_g$  of the longitudinal component of the radius of gyration, obtained from the autocorrelation function (filled symbols), and that from direct stretch-release simulations (open symbols). The dotted lines are guides to the eyes.

were only able to track it down to  $D/R_F \approx 0.4$ . In the case of a free polymer, the relaxation times obtained from the fluctuations of its end-to-end vector and end-to-end distance are expected to be comparable to each other. In the presence of confinement, however, the distribution of  $L_z$  has two minima at  $L_z \approx \pm L_{eq}$ , separated by a free energy barrier; these two minima correspond to the two possible chain orientations. In this case, chain reorientation, i.e., "tunneling" from one minimum to the other, represents the slowest mode. It requires a complete backfolding of the chain, which becomes unlikely with increasing chain length. Since the chain length increases with decreasing D, the reorientation timescale increases fast with D.

As an alternative approach, we have determined the relaxation time from direct stretch-release simulations. In the linear-response regime, the relaxation times obtained from the autocorrelation function of the chain length should agree with the results of simulations that measure the relaxation of a slightly stretched chain. In order to show this, we carried out stretch-release simulations as follows. We started our simulations with equilibrated chains in confinement, whose end beads were initially fixed at a distance  $L=L_{eq}+2\sigma_L$ , where  $\sigma_L^2$  is the variance of the chain length L. We then released the length constraint and recorded the time evolution of L, whose long-time behavior shows an exponential relaxation to its equilibrium value  $L_{eq}$ :  $L(t) - L_{eq} \approx e^{-t/\tau_L}$  for large t. In Fig. 5, we have plotted the resulting  $\tau_L$ , together with the global relaxation time  $\tau_{g}$  obtained from the autocorrelation function. While the two sets of data agree quite well with each other, the autocorrelation analysis yields better statistics. This analysis demonstrates the reliability of our results for  $\tau_{g}$ .

## VI. LINKING BETWEEN DYNAMICS AND STATICS: THE *L* DISTRIBUTION

The molecular dynamics simulations that we have presented so far are limited to chain lengths up to N=300 because the relaxation of longer chains in confinement becomes prohibitively slow. To circumvent this difficulty and

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FIG. 6. MD results for the distribution of the end-to-end distance for N = 200 and various pore sizes. The solid lines are Gaussian fits to the graphs.

to compliment the MD results, we carried out MC simulations. Note that one cannot deduce dynamical information directly from the MC wormhole algorithm since the artificial dynamics of this method relaxes the system unphysically fast. However, for strong confinement, it is possible to connect the relaxation time, a dynamic quantity, to a static property, namely, the distribution of the end-to-end distance, as illustrated in Sec. II.

In Fig. 6, we have plotted our MD results for the distribution of the end-to-end distance L, denoted by p(L). As shown in the figure, this distribution is essentially Gaussian—the Gaussian fit works better for small D, i.e., in the strong confinement regime, as also indicated in Sec. II. For large D, p(L) is only described well by the Gaussian in the region on the right side of the peak. The noticeable discrepancy toward the left end of the distribution can be attributed to the partial chain backfolding, which tends to widen the distribution and creates an exponential tail.

According to Eq. (5), the relaxation time is related to  $\sigma_L^2$ via  $\tau \sim N \sigma_L^2$  in strong confinement. This means that in this regime, the *D* dependence of  $\tau_g$  can be deduced from  $\sigma_L$ since both have the same *D* scaling. Figure 7 shows the ratio



FIG. 8. MD results for the end fluctuation  $\sigma_L^2$  of a confined polymer, rescaled by *N*, as a function of *D*. The peaks are all located at  $D \approx 0.5 R_F$ . The solid line represents the  $D^{0.3}$  scaling expected from the blob approach. In the inset,  $\sigma_L^2$  is rescaled by  $N^{0.75}$  and the dashed line corresponds to  $D^{1.3}$ , in accordance with our best fit.

of the relaxation time  $\tau_g$  and the variance  $N\sigma_L^2$  of the *L* distribution, both obtained from the MD simulations. As expected, the ratio in the figure tends to a *D*-independent constant ( $\approx 0.1$ ) as  $D/R_F$  decreases. The nonmonotonic *D* dependence around  $D \approx 0.3R_F$  is mainly due to a significant overshoot in  $\sigma_L^2$  for  $D \approx 0.5R_F$ . This overshoot is caused by the widening of the *L* distribution toward small *L* due to the onset of chain reorientation or backfolding. Having established the relation  $\tau \sim N\sigma_L^2$ , we can focus on  $\sigma_L^2$  and investigate its behavior more closely.

In Figs. 8 and 9, we represent our results for  $\sigma_L^2$  from the MD simulations and the MC lattice simulations, respectively. The blob picture presented in Sec. II suggests that  $\sigma_L^2$  scales as  $ND^{0.3}$ , i.e.,  $\sigma_L^2$  is extensive. However, both simulations indicate that  $\sigma_L^2$  is not proportional to N and has a much stronger D dependence. More precisely, our data can be fitted well by  $\sigma_L^2 \approx N^{0.75}D^{1.3}$  for the MD simulations and  $\sigma_L^2 \approx N^{0.75}D^{0.75}$  for the MC simulations. The main difference between the two sets of simulations is therefore the D dependence.



FIG. 7. Ratio of the relaxation time  $\tau_g$  to  $N\sigma_L^2$  obtained from MD simulations, as a function of the diameter  $D/R_F$ . As evidenced in the figure, this ratio tends to a *D*-independent constant ( $\approx 0.1$ ) as *D* decreases.



FIG. 9. MC results for the end fluctuation  $\sigma_L^2$  of a confined polymer, rescaled by *N*, as a function of *D*. The solid line represents the  $D^{0.3}$  scaling expected from the blob approach. In the inset,  $\sigma_L^2$  is rescaled by  $N^{0.75}$  and the dashed line corresponds to  $D^{0.75}$ , in accordance with our best fit.

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FIG. 10. MD and MC results for the ratio of the variances of the longitudinal end-to-end distance and the blob size, as a function of the number of blobs  $N_{\text{blobs}} = N/g = L_{\text{eq}}/D$ . The solid line represents the expected extensiveness  $\sigma_L^2 = \sigma_b^2 N_{\text{blobs}}$ . Two types of confined space were used: a cylinder and a brick, i.e., a tube with a circular and a rectangular cross section, respectively.

dence; we will argue below that this is a lattice/off-lattice effect. While the MD result is consistent with  $\tau$  in Eq. (9), the MC result leads to the estimate

$$\tau_{\rm MC} \sim N^{1.75} D^{0.75}. \tag{10}$$

In the next section, we examine this unexpected scaling more carefully. For this, it proves useful to examine single-blob statistics, especially the variance  $\sigma_b^2$  of the single-blob size distribution. This will enable us to investigate the *N* and *D* dependences of  $\tau$  independently.

#### **VII. ANALYSIS OF SINGLE BLOBS**

To study our system at the level of a single blob, we determine the number of beads per blob g from our simulations using the relation L/D=N/g [Eq. (1)]. We then view each subchain of beads  $i+1, \ldots, i+g$ , consisting of g consecutive beads, as a realization of a blob. For example, we sample the distance  $|z_{i+1}-z_{i+g}|$ , i.e., the longitudinal distance between two "end" beads, as the "end-to-end" distance  $L_b$  of a blob. In the strong confinement limit, the average size of a blob constructed this way is indeed  $L_b \approx D$ .

The typical blob size distribution  $p(L_b)$  that we obtain from our MD simulations is well represented by a combination of two functions: a Gaussian distribution around the peak and an exponential one for small  $L_b$ . In this respect, the blob size distribution resembles a short chain in confinement  $R_F \approx D$ , as indicated in Fig. 6. In both cases, the effect of confinement is marginal and chain backfolding is noticeable, leading to the exponential distribution for small  $L_b$ . Furthermore, using both simulations (MD and MC), we found that the distribution of  $L_b$  is practically independent of the chain length if L>3D, i.e., if the chain consists of at least three blobs.

Figure 10 shows  $\sigma_L^2/\sigma_b^2$ , the ratio between the variances of the end-to-end distance and the blob size. If the fluctuations of the individual blobs are independent, this ratio should equal the number of blobs  $N_{\text{blobs}}=N/g$ , i.e., the endto-end fluctuation is extensive. The data were obtained from



FIG. 11. MD and MC results for the average variance  $\sigma_b^2$  of the single blob size, as a function of the tube diameter *D*. As in Fig. 10, we used two types of confined space, a cylinder and a brick. The solid line represents the theoretically expected  $D^2$  scaling.

both MD and MC simulations and for two different shapes of the confined space each: a cylinder and a brick, i.e., a tube with a circular and a square cross section, respectively. The discrepancy between the four cases is minor; however, we observe clear deviations from the linear relationship. The results in Fig. 10 for up to  $N_{blobs} \approx 30$  are, in fact, better described by  $\sigma_L^2/\sigma_b^2 \sim N_{blobs}^{0.75}$ . For large  $N_{blobs}$ , the data fall onto a line, however, shifted up by about 1 and with a slope of about 0.9. The shift is a finite-size effect that simply reflects that the size fluctuations of the two end blobs are much larger. The slightly lower slope in turn indicates that the fluctuations between the blobs are not completely independent. We will discuss the implications of this finding below.

To further proceed with our discussion regarding the breakdown of extensiveness of the end fluctuation, we first focus on the variances  $\sigma_b^2$ , as shown in Fig. 11. We only took into account data points with L > 3D, for which the chainlength dependence of  $L_b$  was negligible. The difference between the cylinder and the brick is again just an insignificant prefactor. However, while the shape of the  $L_b$  distribution is very similar for the MD and MC simulations (i.e., approximately Gaussian), there are significant differences in the *D* scaling of  $\sigma_b^2$ . The MC lattice simulations obey the theoretically expected  $\sigma_b^2 \sim D^2$  law [see Eq. (2)] reasonably well, while in the MD simulations,  $\sigma_b^2$  rather follows  $\sigma_b^2 \sim D^{2.6}$ .

The most plausible explanation for this difference is through effects near the cylinder surface. The prediction  $\sigma_b^2 \sim D^2$  requires that the radial bead distribution can be written as a function of  $\rho/D$ , where  $\rho$  is the radial coordinate.<sup>20</sup> However, in the off-lattice simulations, we observe layering effects within a length of a bead diameter from the cylinder surface, which are absent on the lattice.<sup>27</sup> Because this surface layer for D=6 still contains about 30% of the total volume, this makes a significant contribution. Nevertheless, the radial distribution converges slowly to the universal distribution, and we expect the MD result to cross over to a  $D^2$  law for sufficiently large D; unfortunately, this is computationally inaccessible.

The single-blob analysis presented in this section is con-

sistent with the unexpected *D* dependence of  $\sigma_L^2$  (and that of the relaxation time). We observe  $\sigma_L^2 \approx (N/g)^{0.75} \sigma_b^2$  $= N^{0.75} D^{-1.3} \sigma_b^2$ , where  $\sigma_b^2 \sim D^{2.6}$  in the MD simulations and  $\sigma_b^2 \sim D^2$  in the MC simulations. In any case,  $\sigma_L^2 \propto \sigma_b^2$ . This results in  $\sigma_L^2 \approx N^{0.75} D^{1.3}$  for the MD simulation and  $\sigma_L^2$  $\approx N^{0.75} D^{0.7}$  for the MC simulation, which are both in good agreement with our numerical findings for  $\sigma_L^2$ . Finally, when combined with our  $\sigma_L$  analysis, relation (5) leads to a relaxation time  $\tau \sim N^{1.75} D^{1.3}$ , again in good agreement with our earlier observations.

#### **VIII. CONCLUSIONS**

We have performed extensive simulations of a selfavoiding polymer under cylindrical confinement. In an effort to sample a wide parameter space, we have complimented our off-lattice MD simulations by lattice MC simulations and considered chain lengths N up to 2000. Most notably, both types of simulations have produced global relaxation times  $\tau$ that have a much stronger D dependence than expected from the earlier blob approach.<sup>1</sup> While our analysis of the longitudinal chain size L for the case  $D \leq 0.2R_F$  tends to support the picture of linear ordering of blobs as assumed in the blob approach, our results for  $\tau$  for the same case  $D \leq 0.3R_F$  do not show the dynamic blob-scaling regime, in which the blob scaling of  $\tau$  holds.

Our MD simulation directly measured the time evolution of the end-to-end distance from which  $\tau$  was obtained; in our MC simulation, we extracted  $\tau$  from the variance of the endto-end distance distribution  $\sigma_L^2$  through the relation  $\tau \sim N \sigma_L^2$ , which we have demonstrated to hold in strong confinement. The absence of the dynamic blob-scaling regime in both types of simulations has been attributed to finite-size effects. To this end, we have examined the chain at the level of a single blob. In particular, we have examined the D dependence of  $\sigma_b^2$  and examined its relation with  $\sigma_L^2$ . Even with up to  $N_{\text{blobs}}=30$  blobs,  $\sigma_L^2=N_{\text{blobs}}\sigma_b^2$  does not hold. In other words, the assumption of extensiveness of  $\sigma_{I}$ , which underlies the blob picture, is not satisfied in our simulations. Moreover, the fluctuations of the individual blobs in our bead-spring model also suffer from finite-size effects; in our MD simulations, we could not reach the expected  $\sigma_b^2 \sim D^2$ scaling due to large surface contributions. This indicates that the number of beads per blob also has to be significantly larger than 100, corresponding to a diameter which is at least 15 times larger than the effective bead diameter.

Our main findings can be summarized as

$$\tau \approx N^{1.75} D^{-1.3} \sigma_b^2. \tag{11}$$

When combined with our MD result  $\sigma_b^2 \approx D^{2.6}$  (obtained for  $5 \leq N \leq 300$  and  $2 \leq D \leq 15$ ), this relation leads to  $\tau \approx N^{1.75}D^{1.3}$ . If our MC result  $\sigma_b^2 \approx D^2$  (obtained for  $200 \leq N \leq 2000$  and  $2 \leq D \leq 20$ ) is used instead, we obtain  $\tau \approx N^{1.75}D^{0.7}$ . Both are quite different from the asymptotic scaling of  $\tau \sim N^2 D^{0.3}$ . Nevertheless, our results for  $\tau$  seem to hold for  $0.05 \leq D/R_F \leq 1$  and should therefore be experimentally observable.

Importantly, our simulations show that, for reaching the asymptotic scaling limit with a bead-spring model, about

10 000 beads are necessary. The aspect ratio L/D, which is identical to the number of blobs, has to be at least 30. The chain-length requirement for the asymptotic scaling regime  $N \ge D^{1/\nu} \ge 1$  can then be satisfied; however, obtaining the relaxation of such a system by simulations will remain as an intractable task for some time. For smaller chains and diameters, the blob-scaling picture has to be used with due caution. Similar chain-length requirements have been observed for the force-stretch relation of a polymer in the absence<sup>28</sup> or presence of cylindrical confinement.<sup>29</sup>

In fact, we notice that even in experiments, this regime is hard to reach. For instance, consider DNA molecules trapped in a cylindrical pore. Although the Kuhn segments of DNA are cylindrical and therefore our bead model is not directly applicable, one can obtain some rough estimate on the minimally necessary system dimensions. To reach the classical self-avoiding polymer limit inside a blob of size D, this diameter has to be significantly larger than the persistence length of DNA, which is 50 nm. Both our simulations and scaling analysis<sup>4</sup> indicate that a pore diameter of about 1  $\mu$ m is necessary. The extension of the chain in the pore should be at least 30 times the pore diameter, which requires a chain length of more than a million base pairs. This length is significantly larger than the 164 000 base pairs used in a recent experiment.<sup>7</sup>

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